

"LET IT GLOW"



Christmas Group Ex-athon

Saturday, December 9th 8:30-10:20am **(OPEN TO THE COMMUNITY)**

Your \$5 entry fee will help to feed 2 people on Christmas Day



STUDIO 1

8:30-9:00am: **TABATA** Jennifer J. and Katy G.

9:10-9:40am:  **ZUMBA** Jennifer B.

9:50-10:20am **GROUP PUMP** Christine and Tommy

STUDIO 2

8:30-9:00am: **BARRE FUSION** Katherine **(first 25 to sign up)**

9:10-9:40am: **HARDCORE** Jennifer J.

INDURO CYCLE (first 28 to sign up)

8:30-9:00am **Sammi**

9:10-9:40am **Tommy**

9:50-10:20am **Amber**

TRX (first 20 to sign up)

8:30-9:00am **Amber**

9:10-9:40am **Amber**

9:50-10:20am **Brett**

WARM YOGA (STUDIO 3)

8:30-9:00am **Desiree**

9:10-9:40am **Tammy**

9:50-10:20am **Lisa H.**