












# INDURO

THEATER ENHANCED CYCLING



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 5:15-6:00am <b>Katherine</b>				 5:15-6:00am <b>Katherine</b>	 9:00-9:45am <b>Jennifer T.</b>
 8:30-9:15am <b>Jennifer J.</b>		 8:30-9:15am <b>Jodie</b>		 8:30-9:15am <b>Jennifer J.</b>	<b>TorqueRX</b> 9:30-10:30am <b>Maria</b> TRX/CYCLE FUSION (Class meets in TRX Studio)
 5:30-6:15pm <b>Katherine</b>	 6:00-6:45pm <b>Tommy</b>	<b>NEW!</b>  6:00-6:45pm <b>Jennifer T.</b>	 5:30-6:15pm <b>Maria</b>		<b>Class sizes are limited.</b> <b>To reserve a spot, please set up an account with Punchpass, our online reservation software.</b> andersonareaymca. punchpass.com