

MyZone Heart Rate Monitors

MyZone Heart Rate monitors are available for purchase at Membership Services. These can be used for Group Classes where your heart rate, calories, and points will be displayed on the TV screens during TRX, Bootcamp, and Brett's Cardio and Abs class. They can also be used for personal use inside or outside the Y.

For all 2020 heart rate belt sales, MyZone will donate 3% to our Annual Campaign.

MZ-3 \$65

Connectivity

Connects with gym equipment (Ant+), in club display screens and the MyZone App.

Sync with MyZone App

Download the MyZone app to get live results whilst exercising, even when customers are not in a club setting.

MyZone Social Network

Achieve health and fitness goals with motivational support from friends through a MyZone social network and use MyZone Effort Points (MEPs) to help customers get the motivation they deserve.

Washable

The MZ-3 comes with a washable strap, so users stay fresh and sweat free.

Sweat proof

Rechargeable battery

The MZ-3 comes ready charged, it should only be charged every 6 months (approx) using the MyZone charging cable via a computer.

Built-in Memory

Wherever and however users choose to train, the MZ-3's built-in memory makes every session count, even when customers find it inconvenient to carry a smartphone.

MZ-1 \$35

Connectivity

Connects with gym equipment, in club display screens and the MyZone App.

Sync with MyZone App

Download the MyZone app to get live results whilst you workout when you are not in a club setting.

My zone Social Network

Achieve your health and fitness goals with motivational support from friends through a MyZone social network and use MyZone Effort Points (MEPs) to give yourself the motivation you deserve.

Washable

The MZ-1 comes with a washable strap so you can also stay fresh and sweat free.

Sweat proof

Cell-Battery Operated

The MyZone MZ-1 is supported by coin-cell battery that can be easily changed or replaced when exhausted.