

# MyZone and MZ-Switch Heart Rate Monitors

Available for purchase at Membership Services. These can be used for Group Classes where your heart rate, calories, and points will be displayed on the TV screens during CrossFit, Bootcamp, and the Cardio and Abs class. They can also be used for personal use inside or outside the Y.

## **MZ-Switch \$75**

The world's first interchangeable exercise tracker for the gym, outdoors or in water. Monitor your heart rate on your chest, arm or wrist. Three times the motivation and three times the fun, with a light indicator and built-in memory so you can see your zone without a phone, and up to six months battery life on one charge.

## **MZ-3 \$65**

### **Connectivity**

Connects with gym equipment (Ant+), in club display screens and the MyZone App.

### **Sync with MyZone App**

Download the MyZone app to get live results whilst exercising, even when customers are not in a club setting.

### **MyZone Social Network**

Achieve health and fitness goals with motivational support from friends through a MyZone social network and use MyZone Effort Points (MEPs) to help customers get the motivation they deserve.

### **Washable**

Comes with a washable strap, so users stay fresh and sweat free.

### **Sweat proof**

### **Rechargeable battery**

Comes charged and should only be charged every 6 months (approx.) using the MyZone charging cable via a computer.

### **Built-in Memory**

Wherever and however users choose to train, the MZ-3's built-in memory makes every session count, even when customers find it inconvenient to carry a smartphone.

## **MZ-1 \$35**

### **Connectivity**

Connects with gym equipment, in club display screens and the MyZone App.

### **Sync with MyZone App**

Download the MyZone app to get live results while you workout when you are not in a club setting.

### **My zone Social Network**

Achieve your health and fitness goals with motivational support from friends through a MyZone social network and use MyZone Effort Points (MEPs) to give yourself the motivation you deserve.

### **Washable**

Comes with a washable strap so you can also stay fresh and sweat free.

### **Sweat proof**

### **Cell-Battery Operated**

Supported by coin-cell battery that can be easily changed or replaced when exhausted.

***Replacement Belt Straps are available for \$15.00***