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**FOR HEALTHY LIVING**  
 FOR SOCIAL RESPONSIBILITY

# Large Pool Schedule – October 2021

This schedule is subject to **last minute program changes**. Lap swimmers are expected to share lap lanes by circle swimming. The lanes will be on a first come, first serve basis. (Lane 8 will be used for swim testing purposes!)

\*\*Morning practice for Makos begins 10/7/21

	<u>MONDAY</u> Pool Open 5:30am	<u>TUESDAY</u> Pool Open 5:30am	<u>WEDNESDAY</u> Pool Open 5:30am	<u>THURSDAY</u> Pool Open 5:30am	<u>FRIDAY</u> Pool Open 5:30am	<u>SATURDAY</u> Pool Open 7:15am	<u>SUNDAY</u> Pool Open 1:15pm
5:30 AM - 8:00 AM	Makos Swim Team (3 Lanes until 6:45a) & Lap Swim	Lap swim & Open Swim	Makos Swim Team (3 Lanes until 6:45a) & Lap Swim	Lap swim & Open Swim	Makos Swim Team (3 Lanes until 6:45a) & Lap Swim	Open Swim	
8:00 AM - 11:30 AM	Water Fitness & 3 Lanes lap Swim	Water Fitness & 3 Lanes lap Swim	Water Fitness & 3 Lanes lap Swim	Water Fitness & 3 Lanes lap Swim	Water Fitness & 3 Lanes lap Swim	Open Swim/ Water Fitness @ 9am	
11:30 PM - 1:00 PM	4-5 lanes lap swim/ Open Swim	4-5 lanes lap swim/ Open Swim	4-5 lanes lap swim/ Open Swim	4-5 lanes lap swim/ Open Swim	4-5 lanes lap swim/ Open Swim	Open Swim	
1:00 PM - 3:30 PM	4-5 lanes lap swim/ Open Swim	4-5 lanes lap swim/ Open Swim	4-5 lanes lap swim/ Open Swim	4-5 lanes lap swim/ Open Swim	4-5 lanes lap swim/ Open Swim	Open Swim <b>Closed at 5:30</b>	Open Swim
3:30 PM - 4:30 PM	3-4 lanes lap swim/ Swim Lessons	3-4 lanes lap swim/ Swim Lessons	3-4 lanes lap swim/ Swim Lessons	3-4 lanes lap swim/ Swim Lessons	5-6 lanes lap swim / Open Swim		Open Swim
4:30 PM - 5:30 PM	Makos Swim Team <b>*NO OPEN LANES</b>	Swim Lessons/Makos Swim Team <b>*NO OPEN LANES</b>	Makos Swim Team <b>*NO OPEN LANES</b>	Swim Lessons/Makos Swim Team <b>*NO OPEN LANES</b>	Makos Swim Team <b>*1 lane lap swim</b>		Open Swim <b>Pool Closed 5:30 pm</b>
5:30 PM - 7:30 PM	Makos Swim Team 1 lane lap swim	Makos Swim Team/Swim Lessons 1 lane lap swim	Makos Swim Team 1 lane lap swim	Makos Swim Team/Swim Lessons 1 lane lap swim	Makos Swim Team 2-3 lap lanes		
7:30-8:30	TL Hanna /Westside/ <b>*ONE LAP LANE</b>	TL Hanna /Westside/ <b>*ONE LAP LANE</b>	TL Hanna /Westside/ <b>*ONE LAP LANE</b>	TL Hanna /Westside/ <b>*ONE LAP LANE</b>			