



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

Large Pool Schedule – January 2022

This schedule is subject to last minute program changes. Lap swimmers are expected to share lap lanes by circle swimming. The lanes will be on a first come, first serve basis. (Lane 8 will be used for swim testing purposes!)

	<u>MONDAY</u> Pool Open 5:30am	<u>TUESDAY</u> Pool Open 5:30am	<u>WEDNESDAY</u> Pool Open 5:30am	<u>THURSDAY</u> Pool Open 5:30am	<u>FRIDAY</u> Pool Open 5:30am	<u>SATURDAY</u> Pool Open 7:15am	<u>SUNDAY</u> Pool Open 1:15pm
5:30 AM - 8:15 AM	Makos Swim Team (3 Lanes until 6:45a) & Lap Swim	Lap swim & Open Swim	Makos Swim Team (3 Lanes until 6:45a) & Lap Swim	Lap swim & Open Swim	Makos Swim Team (3 Lanes until 6:45a) & Lap Swim	Makos Swim Team (3-4 lanes)/Lap Swim/Open Swim	
8:15 AM - 11:00 AM	Water Fitness & 4 Lanes lap Swim	Water Fitness & 4 Lanes lap Swim	Water Fitness & 4 Lanes lap Swim	Water Fitness & 4 Lanes lap Swim	Water Fitness & 4 Lanes lap Swim	Makos Swim Team (until 9)/Open Swim/Water Fitness @ 9am	
11:00 AM - 1:00 PM	4-5 lanes lap swim/ Open Swim	4-5 lanes lap swim/ Open Swim	4-5 lanes lap swim/Open Swim	4-5 lanes lap swim/ Open Swim	4-5 lanes lap swim/ Open Swim	Lap Swim/Open Swim	
1:00 PM - 3:30 PM	4-5 lanes lap swim/ Open Swim	4-5 lanes lap swim/ Open Swim	4-5 lanes lap swim/ Open Swim	4-5 lanes lap swim/ Open Swim	4-5 lanes lap swim/ Open Swim	Open Lap Swim/Open Swim	Lap Swim/Open Swim
3:30 PM - 4:30 PM	Lap Swim	5-6 lanes lap swim/ Swim Lessons	Lap Swim	5-6 lanes lap swim/ Swim Lessons	5-6 lanes lap swim/Open Swim	Lap Swim/Open Swim	Lap Swim/Open Swim
4:30 PM - 5:30 PM	Makos Swim Team *NO OPEN LANES	Swim Lessons/Makos Swim Team *NO OPEN LANES	Makos Swim Team *NO OPEN LANES	Swim Lessons/Makos Swim Team *NO OPEN LANES	Makos Swim Team *1 lane lap swim	Lap Swim/Open Swim Pool Closed at 5:30	Lap Swim/Open Swim Pool Closed 5:30 pm
5:30 PM - 7:00 PM	Makos Swim Team 1 lane lap swim	Makos Swim Team/Swim Lessons 1 lane lap swim	Makos Swim Team 1 lane lap swim	Makos Swim Team/Swim Lessons 1 lane lap swim	Makos Swim Team 2-3 lap lanes		
7:00 PM - 7:30 PM	Makos Swim Team/ Special Olympics (7p-8p) 1 lane lap swim	Makos Swim Team 2-3 lane lap swim	Makos Swim Team 2-3 lane lap swim	Makos Swim Team 2-3 lane lap swim			
7:30 - 8:30	Special Olympics (7p-8p) 5-6 lanes lap swim/Open Swim	5-6 lanes lap swim/Open Swim	5-6 lanes lap swim/Open Swim	5-6 lanes lap swim/Open Swim			