



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

READY. SET. GO!

MARATHON KIDS

MARATHON RUN CLUB

We are on a mission to get kids moving! We believe that running has the power to show kids they can achieve more than they ever dreamed possible! The Marathon Run Club program encourages kids to set the goal of running the distance of up to four marathons over the course of the season. One mile at a time, runners unlock their potential, learning grit, determination, and the feeling of pure joy that comes from crushing their goals-- both on and off the trails--while tracking their progress along the way.

Once kids complete a marathon, they will receive a Marathon shirt as their first award for this milestone. More awards will follow as more marathons are completed!

- Mileage tracking & awards
- Train for local running events (Midnight Flight 1 Mile or 5K Aug. 26)
- Running games, relays, distance runs, track workouts, hill workouts, mile time-trial



NEW!

**Anderson Area
YMCA**

Dates: July 11– August 4
Days: Mondays & Wednesdays
8:30–9:30am

Ages: 9–14 years old

Fee: Members: \$25
Non-Members: \$50

Registration Deadline: July 10

201 East Reed Road
Anderson, SC 29621

For questions contact Chad
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FIND THE Y IN YOU!