



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
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Large Pool Schedule – August 2022

This schedule is subject to **last minute program changes**. Lap swimmers are expected to share lap lanes by circle swimming. The lanes will be on a first come, first serve basis. (Lane 8 will be used for swim testing purposes!) Makos Swim Team is on a seasonal break for the month of August, and will resume practice September 6th.

	<u>MONDAY</u> Pool Open 5:30am	<u>TUESDAY</u> Pool Open 5:30am	<u>WEDNESDAY</u> Pool Open 5:30am	<u>THURSDAY</u> Pool Open 5:30am	<u>FRIDAY</u> Pool Open 5:30am	<u>SATURDAY</u> Pool Open 7:15am	<u>SUNDAY</u> Pool Open 1:15pm
5:30 AM - 8:15 AM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim/Open Swim	
8:15 AM - 11:00 AM	Water Fitness & 4 Lanes lap Swim NO OPEN SWIM	Water Fitness & 4 Lanes lap Swim NO OPEN SWIM	Water Fitness & 4 Lanes lap Swim NO OPEN SWIM	Water Fitness & 4 Lanes lap Swim NO OPEN SWIM	Water Fitness & 4 Lanes lap Swim NO OPEN SWIM	Lap Swim/ Water Fitness @ 9am	
11:00 AM - 1:00 PM	4-5 lanes lap swim/ Open Swim	4-5 lanes lap swim/ Open Swim	4-5 lanes lap swim/Open Swim	4-5 lanes lap swim/ Open Swim	4-5 lanes lap swim/ Open Swim	Lap Swim/Open Swim	
1:00 PM - 3:00 PM	4-5 lanes lap swim/ Open Swim	4-5 lanes lap swim/ Open Swim	4-5 lanes lap swim/ Open Swim	4-5 lanes lap swim/ Open Swim	4-5 lanes lap swim/ Open Swim	Open Lap Swim/Open Swim	Lap Swim/Open Swim
3:00 PM - 4:30 PM	5-6 lanes lap swim/ Swim Lessons	5-6 lanes lap swim/ Swim Lessons	5-6 lanes lap swim/ Swim Lessons	5-6 lanes lap swim/ Swim Lessons	5-6 lanes lap swim/Open Swim	Lap Swim/Open Swim	Lap Swim/Open Swim
4:30 PM - 5:30 PM	Swim Lessons/Lap Swim/Open Swim	Swim Lessons/Lap Swim/Open Swim	Swim Lessons/Lap Swim/Open Swim	Swim Lessons/Lap Swim/Open Swim	Swim Lessons/Lap Swim/Open Swim	Lap Swim/Open Swim Pool Closed at 5:30	Lap Swim/Open Swim Pool Closed 5:30 pm
5:30 PM - 7:00 PM	Swim Lessons/Lap Swim/Open Swim	Swim Lessons/Lap Swim/Open Swim	Swim Lessons/Lap Swim/Open Swim	Swim Lessons/Lap Swim/Open Swim	Swim Lessons/Lap Swim/Open Swim Pool Closed at 7:30 pm		
7:00 PM - 7:30 PM	Swim Lessons/Lap Swim/Open Swim	Swim Lessons/Lap Swim/Open Swim	Swim Lessons/Lap Swim/Open Swim	Swim Lessons/Lap Swim/Open Swim			
7:30 PM - 8:30 PM	Hanna/Westside Swimming (7 Lanes) **1 LANE LAP SWIM	Hanna/Westside Swimming (7 Lanes) **1 LANE LAP SWIM	Hanna/Westside Swimming (7 Lanes) **1 LANE LAP SWIM	Hanna/Westside Swimming (7 Lanes) **1 LANE LAP SWIM			