




Indoor Cycling Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:15-6:15am Vanessa				5:15-6:15am Kaylee	9:00-9:45am Jennifer T.
8:30-9:30am Jennifer J.		8:30-9:30am Megan		8:30-9:30am Jennifer J.	TorqueRX 9:30-10:30am Maria TRX/CYCLE FUSION (Class meets in TRX Studio)
5:30-6:30pm Jennifer T.	6:00-7:00pm Tommy	6:00-7:00pm Jennifer T.	5:30-6:30pm Maria		Class sizes are limited. To reserve a spot, please set up an account with Punchpass, our online reservation software. andersonareaymca.punchpass.com

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