HYROX SCHEDULE

Wednesday:
4:30pm w/Lia

Friday:
8:30am w/Lia

Saturday:
9:45am w/Alexis

Pricing:
Unlimited Family: $45/month
Unlimited Individual: $30/month
8 Sessions: $25
4 Sessions: $15
Drop In: $10

All Classes will be held in the CrossFit Gym

Anderson Heart & Vascular, PC
Vein & Wellness Center
Look better, feel better.