November Cycle Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:15-6:15am Vanessa	**9:30-10:10am** Les Mills Cycle Whitney		**8:30-9:10am** Les Mills Cycle Whitney	**5:15-6:15am** Pedal and Pump Vanessa **Only on 11/6 + 11/20**	**8:30-9:15am** Emily -No Class 11/7
8:30-9:30am Emily		**8:30-9:30am** Emily		**8:30-9:30am** Emily	Class sizes are limited. To reserve a spot, please use your Amilia account, our online reservation software
5:30-6:30pm Jennifer T.	**6:00-7:00pm** Tommy				
			5:30-6:30pm Maria		